

Scoil an Chlochair, Kilbeggan, Co Westmeath



27-05-2019

Dear Parent,

In our class we have been working on the Stay Safe Programme over the last few weeks. The aim of the Stay Safe programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and emphasises the importance of telling a trusted adult about any problems they have.

Our class has now arrived at the sensitive lessons regarding **Touches and Secrets and Telling**. In these lessons your child will be learning the correct anatomical names for parts of the body – i.e. penis, vagina and breast which are taught from infant level upwards in the revised Stay Safe Programme. Additionally the lessons describe situations in which a child might find himself or herself and how they should handle such a situation.

The Stay Safe programme is part of the Social, Personal and Health Education curriculum which all primary schools are required to implement. Co-operation between parents and teachers is essential to the success of this programme. It is important that parents are aware of the content of the Stay Safe lessons and are able to discuss the lessons with their children. Your child may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home. You can familiarise yourself with the content of the Stay Safe lessons at www.staysafe.ie/teachers/resources.htm. Additionally you can follow the links to all of the lessons at our school website www.kilbeggannationalschool.com.

Parents/guardians have the right to opt their child/children out of any of the sensitive aspects of the SPHE programme, including Stay Safe, if you so wish. Please contact the school by phone if you wish to do this or discuss the programme further.

The lesson for _____ class will take place at _____ (time) on _____ (date)

Thank you for your co-operation,

Class Teacher

Scoil an Chlochair
Roll number 20063M

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